



Center for Infant & Child Loss

# Insights

University of Maryland Baltimore

Department of Pediatrics

VOLUME 13 / NO. 1

SPRING / SUMMER 2006

- Maryland SIDS Information and Counseling Program
- Infant and Child Loss Program
- Education and Training Program
- Consultation Services

## 8th Annual Walk/Run for SIDS & Child Loss A Success in Many Ways!

Quiet Waters Park in Annapolis offered a beautiful setting for close to 300 participants of the **8th Annual Walk/Run for SIDS & Child Loss** held on May 6, 2006. This year's event raised a

remarkable **\$20,000** which will be used by the Center for Infant & Child Loss (CICL) to support initiatives including bereavement counseling, safe sleep programs and general research on child loss.

Everything was picture perfect from the weather - balmy and sunny - to the many who came from as far away as St. Mary's County, Delaware, Pennsylvania, and even Florida! The



Boy Scout Troop #396 of Annapolis - Walk Volunteers"

day's activities included a memory table, a banner for families and friends to sign, and **"Miss Blossom,"** a big hit with kids and adults. Great hot dogs, cold drinks and Krispy

Kreme doughnuts just added to the fun. It was nice to see so many friends joining families in support of one another and CICL. This event has become more successful over the years,

growing both in the number of participants and the dollars raised. It offers a peaceful setting to reflect and remember loved ones, and to share thoughts and feelings.

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### Special Thanks to Our Volunteers

The staff at the Center is grateful to the volunteers who contributed their time and effort at this year's Walk/Run. Many spent the whole day with us to ensure another successful event! Our volunteers are comprised of families the Center has served, friends, professionals, and those in the community just wanting to help the cause. Thanks for all of your hard work!

**Beans Family** – Adele, Joey, Erika, Tara, Jeffrey, Kevin, Todd, Jennifer, Amanda, Nathan, David & Mark Thoms.

**Boy Scout Troop #396 - Annapolis** – Austin Brown, Luke Bodkin, Arthur Brown, Aaron Canale, Seth Coveyou, Ryan Edes, Jacob Merritt, Eric Schaum and Cooper Yelton. Leaders: Dave Canale & Mike Merritt. Family members: Lloyd & Denise Brown, Christine Edes, Cherie & Casey Yelton.

**Physician Assistants of Anne Arundel Community College** – Jamy Batdorff, Doug Burr, Ann Odle, Luis Ramos, Laurie Skuraton and Laura Stokes.

**Severna Park Fitness & Racquet Club** – Brian & Kristin Ferguson.

**Community Volunteers** – Rebecca Baldwin, Molly Bumbera, Mike & Sandy Campbell, Angie Crankfield, Camilla Hyman, Debbie Jones, Paula Kayton, Emma Miller, Sue Miller, Brendan Noone, Bev Powell and Shelby Powell.

## Director's Desk

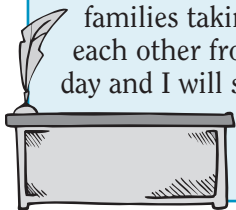
### Dear Friends:

As noted in the Fall/Winter 2005 *Insights*, American Academy of Pediatrics (AAP) issued revised standards for infant risk reduction. One of the most notable statements within the standards is the firm stand against co-sleeping and the use of pacifiers. AAP's revised statement has certainly created much discussion among health care providers and those working within the field of sudden unexpected infant death. Having a clear directive makes it easier for outreach efforts to deliver a consistent message within communities and healthcare settings. I was pleased to join Ronald Gutberlet, MD, Chief of Pediatrics, Mercy Hospital, and CICL Board Member, in presenting the AAP statement at Mercy's Pediatric Grand Rounds. Please remember that CICL staff is always available to educate on infant safe sleep/healthy environment.

The Annual Report was presented to the Board at the March meeting. Fiscal Year 2006 was successful on many levels: community outreach and education, funding, and awareness efforts of all infant and child deaths. However, Maryland continues to have approximately the same number of infant deaths (non-homicide) annually for the past 5 years (93 per year average; range 91 to 98). This is the same picture for SIDS related deaths (61 per average, range 57 to 67) and deaths of children aged 1 to 12 (58 per year average; range 45 to 69). Although there are many causes of death that cannot be altered, the Center continues to partner with organizations effecting the care, health and welfare of children, as well as individuals and communities, to assure risk reduction practices for all children are implemented.

For those of you unable to join us for the Walk, please consider doing so next year. It was a wonderful day, made more so by the many volunteers and walkers.

Especially gratifying to the staff was the number of families taking time to talk, with many greeting each other from the previous year(s). It was a fine day and I will see you there next year.



Have a safe and healthy summer!

Peace . . . *Donna*


## Support Group Information

For an up-to-date listing of support groups, please visit our website: [www.infantandchildloss.org](http://www.infantandchildloss.org).

Click on *Counseling and Support*.

## American Academy of Pediatrics Revises Recommendations to Reduce the Incidence of Infant Death

The American Academy of Pediatrics Task Force on Sudden Infant Death Syndrome recently released a revised policy statement providing evidence based best practices to reduce infant death. The major changes are the use of pacifiers, side sleep position, and bed sharing. The following is a summary of the recommendations.

- Place infants on their back to sleep for naps and nighttime, in a safe crib, never on a couch, chair or other soft surfaces.
- Use a safety approved firm crib mattress covered by a fitted sheet.\*
- Keep all soft objects out of crib such as stuffed toys, comforters, pillows, and quilts.
- No smoking around baby.
- Do not share a bed with your baby. Baby can sleep in the same room as parents, but should have its own separate sleep surface.
- Use a clean, dry pacifier when placing baby to sleep. Breastfed infants should not be offered a pacifier for the first month until breastfeeding has been established.
- Avoid overheating baby by keeping baby's room at a comfortable temperature and reducing covers.
- Home monitors are not recommended as a method for reducing SIDS.
- Do not use products designed to keep baby in a back sleep position, for example, foam wedges. They have not been sufficiently tested and are not recommended.
- Give baby "tummy time" while awake to strengthen head and neck. It will also help reduce chances for a "flat head." Place baby at alternate ends of the crib, with head to side, for sleep. Reducing excessive time in car seat carriers and bouncers, and upright cuddle time will also help.
- Make sure everyone caring for baby knows about these recommendations.
- The side is no longer considered a safe sleep position. 

Source: American Academy of Pediatrics Policy Statement, "Changing Concept of Sudden Infant Death Syndrome" released Oct. 10, 2005.

\*Car seats, swings or infants seats are not meant to be substitutes for cribs.



Craig & Janice Bauroth  
*In loving memory of*  
Jake Arthur Bauroth

Elaine Benson  
*In loving memory of*  
Princess Megan Ashley  
Benson

Lauren Elizabeth Benton  
*In loving memory of*  
Ronald & Mary Jane  
Brittingham

Suzanne Braun  
*In loving memory of*  
Donna C Braun

Robert & Julie Briskman  
*In loving memory of*  
Ryan Tremblay

Brizzi Family  
*In loving memory of*  
Hannah Nicole Brizzi

Gina Clement  
*In loving memory of*  
Zachary Clement

Laura Dick  
*In loving memory of*  
Halley Alexandra Lambert

Oneita Dohrman  
*In loving memory of*  
Zachary Lutz Dohrman

Brian & Cassie Felch  
*In loving memory of*  
Jordan Felch

Keith & Gabrielle Garner  
*In loving memory of*  
Keteyian Ronald Garner

Mary Vogelsang  
*In loving memory of*  
Stephen Killian

David Klyce  
*In loving memory of*  
Ryan Tremblay

Kimberly & James  
Lankford  
*In loving memory of*  
Hunter Lankford

S. Lee & Leigh Miller  
*In loving memory of*  
Zachary Lutz Dohrman

Richard & Irene Muse  
*In loving memory of*  
Thomas Bayly Muse

Patricia Myers  
*In loving memory of*  
Aaron Gray

Phillip & Carol Hearn  
*In loving memory of*  
Aiden New

Stephanie Phelps  
*In loving memory of*  
Joshua Shane Phelps

Vaughn & Lucie  
Rosenthal  
*In loving memory of*  
Quinlan Tabb Kolb

Michael & Ruth Roth  
*In loving memory of*  
Michael Waite Waller

Amber Marie Rose  
*In loving memory of*  
Theresa & Sergio  
DiBattista

Heather Ramsey  
*In loving memory of*  
Brearah Karli Stevens

Peter Ruiz  
*In loving memory of*  
Alexandra Ruiz

Erik Rosenbaum  
Robert Sieracki  
Natalie Smith  
*In loving memory of all*  
*children who have died*

Mark & Gail Briggs  
Frederick Calvert  
Mary & Jim Castle  
Karen Drury  
Jim & Mary Pat Hollis  
Sandra Lee Robinson  
Mary Van Ryswick  
Robert & Dale Taylor  
*In loving memory of*  
Noah Michael Wilson

## Counselors Corner:

Vacation is just another time, along with holidays, birthdays and other celebrations that reminds us that our child is no longer around to share with us. The problem with thinking about your child not being there is that it involves the imagination and it can be limitless in its boundaries. The more you try to turn it off, the more it becomes foremost in your mind.

Similar to anticipatory grief, it can be worse than the actual event. On the other hand, thinking about how your child would have enjoyed an activity might bring some joy. Taking along a small photo album of your favorite pictures may provide some comfort during down times.

As in other aspects of your life, perhaps the key is in managing your thoughts. Acknowledging the fact that the trip will be different without your child, is a small step. You may want to consider not going to the same place where the memories would be too fresh. Changing routines while grieving sometimes helps, even though change can sometimes be unsettling.

Expression of grief is such an individual experience that it can be trial and error as to what works best for you and your family. Grieving styles within the family can also bring about issues that involve compromise, i.e. where to go on vacation, if you go at all. Being patient with yourself and taking one day at a time is better than having expectations that you will be perfectly fine or absolutely miserable. Knowing that it will be different is about all you can expect in advance.

Our hope is that you take some time to relax and reflect this summer. As always, we are here for you, just a phone call away..

- Mary



The Center is pleased to announce a new event "Big Gala for Little Angels." Plans include a cocktail hour, seated dinner, music, live auction and a short program. Reserve this date in your 2007 planner:

*The Belvedere • Baltimore, Maryland*  
*February 24, 2007 • 7:00 pm - 11:00 pm*


For more information or if you would like to join the Gala Committee please contact:

Alice Powell, Events Coordinator at: 410-706-3091 or email: apowell@peds.umaryland.edu.

Watch the Center's website for more info...

## Ronald L. Gutberlet, M.D. Parent Conference Scholarship Award

The Center is would like to remind interested parties of the **Ronald L. Gutberlet, M.D. Scholarship** that provides parents/grandparents/health care workers the means to attend conferences regarding SIDS and other child deaths. Conferences are always announced on our website at: [www.infantandchildloss.org](http://www.infantandchildloss.org) and most are held annually. Examples of organizations having annual conferences are California SIDS Program, CJ Foundation, First Candle/SIDS Alliance, and The Compassionate Friends.

Please call or email the Center if you are interested in attending a conference and wish to apply for the scholarship. The Center will require a short synopsis of the conference for posting on the website and in the newsletter. For more information please contact: Donna Becker at 410-706-5089 / 800-808-7437 or [dbecker@peds.umaryland.edu](mailto:dbecker@peds.umaryland.edu). 

## Center for Infant & Child Loss Memory Quilt

Many of you have seen the beautiful quilts displayed at the annual memorial services and events each year. These quilts have individual squares created by families of loved ones to remember their child. If you would like to add a quilt square please follow these guidelines:

- Size 8x8
- Material - cotton or cotton/poly blend
- Design - individual taste and creativity

Mail to the Center for Infant & Child Loss at the address on this newsletter.

## Outreach and Training Efforts October 2005 – May 2006

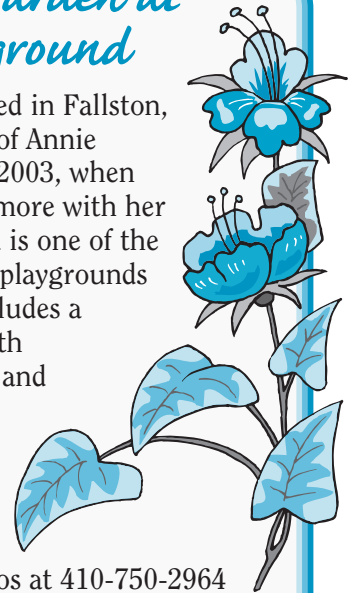
<b>TRAININGS</b> .....	41
Day Care providers .....	252
Professional staff .....	168
3rd trimester pregnant .....	137
Students .....	199
Parents .....	45
<b>OUTREACH</b> .....	
Risk reduction materials .....	3,983 *
Light switch covers .....	29,575 **

\* includes Spanish materials

\*\* includes light switch covers provided to all birth hospitals

## Memorial Garden at Annie's Playground

**Annie's Playground**, located in Fallston, MD, was built in memory of Annie Cumpston, died in March 2003, when leaving the circus in Baltimore with her family. Annie's Playground is one of the largest and most amazing playgrounds on the East Coast, and includes a **Memorial Garden** filled with beautiful flowers, benches and brick walks with names of children who have left us too soon. For those interested, memorial bricks can be purchased by contacting: Lorene Tompros at 410-750-2964 or email: [www.info@picseproductions.com](mailto:www.info@picseproductions.com). Visit Annie's Playground at: [www.anniesfoundation.org](http://www.anniesfoundation.org) to get directions and see pictures of the garden.



## Safe Arrivals

Congratulations to . . .



Keane Hawthorne Brown, born October 7, 2005, 6 lbs. 2 oz., to Ami & Bruce Brown.


Aida Jade Malloy, born October 24, 2005, 6 lbs. 13 oz., to Jestine & Darryl Malloy.

Arianan Jaelynn Shea, born October 21, 2005, 7 lbs. 3 oz., to Michelle Shea.



## J.O.S.H Foundation Gets a Home

**Cindy Hughes**, President and Chairman, **J.O.S.H. Foundation**, has been working for sometime to erect an Angel of Hope statue and create a memorial garden in memory of her son and all children who have died of any cause. The site is at the South Carroll Senior and Community

Center, Mineral Springs Road, Sykesville, Maryland. Now that the site is secured, the J.O.S.H. Foundation will begin raising the funds necessary to purchase and install the Angel. If you would like to learn more about this project, please call or email Cindy at 410.549.0866 / [j.o.s.h.foundation@adelphia.net](mailto:j.o.s.h.foundation@adelphia.net) 

# 7th Annual SIDS Bull & Oyster Roast



Saturday, October 14, 2006 • Level Fire Hall • Havre de Grace, Maryland

Plan now to attend the 7th SIDS Bull & Oyster Roast this fall. Committee members are already working hard to plan another great night of fun and good food! This year we welcome a local Maryland band offering the great sounds of the 60's, 70's, 80's and 90's!



## Menu Includes

Pit Beef, Fresh Oysters, Roast Pig, Ham, Pit Turkey, Old Bay Chicken Wings, Oyster Stew, Potato & Macaroni Salads, Homemade Coleslaw, Baked Beans, Fresh Fruit & Cheese, Cake and Unlimited Soda and Beer.

Live & Silent Auctions, Raffles, Wheels and much more...join in the fun!

**Help Wanted** – Sponsors • Ticket Sales • Auction items • Volunteers

**Ticket Information** – \$30 per person in advance/\$35 at the door. / Reserve a table for 8 for the price of 7 tickets!

For more information contact:

Donna Hawley 410-939-6212 e-mail: [GDHMN@aol.com](mailto:GDHMN@aol.com) Sharon Cockerham 410-457-4157 e-mail: [poorstuff@aol.com](mailto:poorstuff@aol.com)

# Golf Invitational & Evening Reception



Friday, October 6, 2006 • Indian Spring Country Club • Silver Spring, Maryland  
11:00 am Shotgun Start • Reception Immediately Follows Golf

**HOLD THE DATE!** Join the over 300 people that will come out to support the golf invitational on October 6th! The invitational

which is now in its 16th year is the Center's largest fund raiser. **Verizon Wireless** continues their partnership with the Center as **Title Sponsor** for this year's event. Many new and returning sponsors are already on board to help make this one of the most outstanding charity golf events in the area.



Welcome **Frank Herzog of WTOP Radio** as this year's honorary chairperson. Frank is best known as the Voice of the Washington Redskins - a position he held for 25 years, working with Sam Huff and Sonny Jurgensen. A few fans will remember Frank was also the Voice of the 1978 World Champion Washington Bullets in the NBA. Frank will be joining us for the day and evening reception at this year's event.

## We need you!!

**Sponsors** – come on board if you haven't already. Please send in your support today.

**Golfers** – look for the golf registration form in your mail by July 1, 2006.

**Volunteers** – Volunteer letters in your mail by June 15, 2006.

**Verizon Wireless-SIDS Golf Reception:** Main Ballroom / 4:30 pm - 8:30 pm

**Master of Ceremonies:** Alex Cortright of WRNR of Annapolis

**Jazz Entertainment**

**Live Auction:** Jonathan Melnick, Melnick Auctioneers

**Golf Program Memorial Ads** – Please share the memory of your child or grandchild by placing a memorial in the program book for this year's golf invitational. More detailed information can be obtained by visiting our website under the Verizon Wireless-SIDS Golf logo. You can print a form to send in with a picture of your loved one.

If you are interested in being part of a great event or need additional information please contact: Alice Powell - Events Coordinator at - [apowell@peds.umaryland.edu](mailto:apowell@peds.umaryland.edu) or 410-706-3091.

<i>Bobby Jones</i>  We all remember you. You're in our hearts. Always.	<i>Jenny Smith</i>  April 2, 2000-March 4, 2001
	<i>Sean Thompson</i>  April 2, 2005-March 4, 2005

A heartfelt thanks to the following individuals for spending their time promoting the Walk/Run over the past few months.



This committee wasted no time hitting the local communities with event literature and speaking directly to sponsors and individuals donating to the event. The Center is grateful for your support!

**2006 Walk Committee**

Adele Beans, Mike & Tracy Campbell, Ellen Motley, Heather Ramsey, & Holly Baden-Tillson.

**Corporate Sponsors**

The Center is pleased to acknowledge sponsorship by the following corporations/businesses:

- AACC Physician Assistant Program  
(Classes of 2006 & 2007)
- Eastport Shopping Center
- LaFarge North America
- Lowry's Forest Drive Services.
- Learning Tree of Annapolis
- Ferris Baker Watts

Also, Hewlett-Packard & Tyco for their employee matching program.

**Little Friends Corner**



**2006 Walk/Run Teams**

The Center for Infant & Child Loss gratefully acknowledges the many individuals and teams that supported this year's event.

**\$4,000**

Campbell - Devin's Crew

**\$1,001 - \$3,000**

Beans - Joanna  
Felch - Jordan  
Lankford - Hunter's Hope  
Nestor - Andrew

**\$501 - \$1000**

Bradbury - Tyler  
Downing - Robert  
Parker - Tyler & Becky's Bunch  
Ramsey - Brearah

**Up to \$500**

Allen - Markus  
Bennett - Blake  
Brown - Kaia  
Casey - Daevanna  
Edmonds - Storm  
Freedman - Kayla's Butterflies  
Miller - Matthew  
Pilarski - Cole  
Taylor - James 'J.C.'  
Tillson - Michael  
Wilson L. - Viktoria  
Wilson T. - Akira



# Walk Gallery



## CENTER FOR INFANT & CHILD LOSS

630 West Fayette Street, Room 5-684

Baltimore, MD 21201-1585

Website: [www.infantandchildloss.org](http://www.infantandchildloss.org)

(800) 808-7437



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Deadline for  
Golf Program  
Memorials  
August 15, 2006

RETURN SERVICE REQUESTED

### *Insights Insights Insights*

THE CENTER FOR INFANT & CHILD LOSS publishes *Insights* to provide information of interest to those affected by the death of a child and to report CENTER activities. Please contact us if your address has changed or if you no longer wish to receive this newsletter.

#### Program Staff:

Donna C. Becker, RN, MSN  
Jean Edwards, Program Coordinator  
Mary Le Sueur, Bereavement Counselor  
Alice Powell, Events Coordinator

**Affiliation Statement:** The CENTER FOR INFANT & CHILD LOSS is within the Division of Behavioral and Developmental Pediatrics, Department of Pediatrics, University of Maryland School of Medicine. The CENTER works closely with the Maryland State Office of the Chief Medical Examiner and local health departments.

**Funding Statement:** The Maryland State Department of Health and Mental Hygiene, Center for Maternal and Child Health provides grant funds for a portion of the Center's services. Support for this newsletter and other services provided through donations. Please contact us for further information or to ask about sponsoring specific CENTER activities.

**T**he Center's goal is to assist families as they learn to live with the loss of their child and to have hope for the future. Our programs reach out to bereaved families and the community. Center programs foster hope by offering public education, health care provider training, and instruction for emergency responders and others who may provide support.

Each of our four programs is designed to meet individual, family, and community needs. For those families who do experience the sudden death of an infant or child, the Center makes immediate contact to give them available information about the cause of death and support in their grief.

**410/706-5062 or 800/808-7437**

Visit our web site: [www.infantandchildloss.org](http://www.infantandchildloss.org)

### *Center for Infant & Child Loss Advisory Board Members*

**Mary Ann Brizzi**, Advisory Board Chairman, Parent, **Angela Burden**, Baltimore Healthcare Access, **George Carroll**, CCI Printing & Graphic Solutions, **Karen Evanosky**, Parent, **Chuck Dohrman**, FNMC Mortgage, Past Chairman, **Brian Felch**, Hewlett-Packard, **David Fowler, M.D.**, Office of the State Medical Examiner, **Sherry Goldman, M.D.**, Parent, **Ronald Gutberlet, M.D.**, Chairman, Department of Pediatrics, Mercy Medical Center, **Ling Li, M.D.**, Office of the State Medical Examiner, **Tonya Logan**, Parent, **Jonathan Melnick**, Melnick Auctioneers, **Karin Mottus**, Legg Mason Wood Walker, Inc., **Robert & Rosemarie Palmer**, Parents, **Beverly Powell**, Grandparent